


Chartwells School Dining Services
North Reading Middle School
May, 2012
Lunch Price \$2.75

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Breaded Chicken Nuggets Mashed Potato Corn Dinner Roll Cupped Peaches	2 Meatball Sub On Wheat Tossed Spinach Salad Bag of Pretzel Cupped Blueberries With Topping	3 Plain or Buffalo Chicken Patty on Wheat Oven Baked Fry Fresh Apple	4 Toasted Cheese Sandwich On Wheat Cup of Soup Mixed Vegetables Cupped Peaches
7 French Toast Sticks Sausage Links Tater Tots Cinnamon Apples Orange Juice	8 Hot Dog on Wheat Oven Baked Beans Bag of Corn Chips Cupped Peaches	9 Deli Bar Sandwiches Made to Order On Choice of Bread Lettuce, Tomatoes Cucumbers, Pickles Cupped Peaches	10 Pasta with Meat Sauce Seasoned Green Beans Garlic Bread Cupped Applesauce	11 Steak & Cheese On Wheat Sub Roll Corn ½ oz bag of Chips Red Grapes
14 Hamburger or Cheeseburger On a Wheat Bun Lettuce, Tomatoes Oven Baked Fry Carrot Sticks W dip	15 Nachos with Meat Tostitos, Cheese Salsa Seasoned Corn Cupped Applesauce	16 <i>Salad Bar w Toppings</i> <i>Choice of Chicken, Turkey</i> <i>Ham, Cheese</i> <i>Assorted Vegetables</i> <i>Breadstick</i> <i>Cupped Peaches</i>	17 Chicken Nuggets w choice Of BBQ Buffalo or Sweet & Sour Sauce Mashed Potato Corn Fresh Apple	18 Rib-A-Que on Wheat Sub Confetti Cole Slaw Cupped Pineapple
21 Assorted Pizza Choice of, BBQ Chicken, Buffalo Chicken Pepperoni Vegetable, & Cheese Tossed Salad Cupped Mixed Fruit	22 Plain or Buffalo Chicken Patty on Wheat Bun Oven Baked Fry Vegetable Pasta Salad Orange Smiles	23 Burger Bar Hamburger or Cheeseburger Choice of Lettuce Tomatoes, Pickles ½ oz Bag of Chips Cupped Peaches	24 Pasta with Meatballs Seasoned Green Beans Garlic Bread Grapes	25  Chicken Fajita Sub With Peppers & Onions Seasoned Rice Salsa Cupped Pineapple
28 Memorial Day Observed No Lunch Served	29 Hot Dog on Roll Oven Baked Beans Bag of ½ oz Corn Chips Fresh Apple	30 French Toast Sticks Sausage Links Tater Tots Cinnamon Apples Orange Juice	31 Nachos with Meat Tostitos Cheese, Salsa Corn Cupped Pineapple	

Available Daily:



Grab and Go Packaged Sandwiches
 Grab and Go Packaged Salads
 Fresh or Canned Fruit
 Choice of Milk



Cheese Pizza
 Pepperoni Pizza
 Fruit & Vegetable of the Day
 Choice of Milk



Assorted Hot Sandwiches
 Fruit & vegetable of the Day
 Choice of Milk

Daily Milk Choices Include: Fat Free, Low Fat 1% White, Low Fat Chocolate

Menu Questions or Comments? Please contact Anna McGovern 978-664-7800 x 262

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250.



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