

**Chartwells School Dining Services**  
**North Reading Elementary Lunch Menu**  
**May, 2012**  
**Lunch Price \$2.50**

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Hot Dog on Roll Oven Baked Beans Goldfish Pretzel  Cupped Applesauce	2 Hamburger or Cheeseburger On Wheat Bun Sweet Corn Carrot Sticks Fresh Apple	3 Pasta with Meatballs Seasoned Green Beans Garlic Bread  Cupped Peaches	4 Bacon Egg & Cheese On English Muffin Tater Tots Cinnamon Apples Orange Juice Cup
7 Cheese or Pepperoni Pizza Bagel Tossed Romaine Salad With Lo Fat Dressing  Cupped Peaches	8 Breaded Chicken Nuggets Mashed Potatoes, Gravy Glazed Carrots  Fresh Apple	9 Toasted Cheese Sandwich On Wheat Bread Cup of Soup Celery Sticks  Cupped Pears	10 Plain or Buffalo Chicken Patty on Wheat Oven Baked Fry 3 Bean Salad  Petite Banana	11 Steak & Cheese on Wheat Sub Roll Corn on the Cobb Bag of 1/2oz chips  Cupped Peaches
14 French Bread Pizza Tossed Romaine Salad With Lo Fat Dressing  Cupped Pears	15 Burger Bar Hamburger or Cheeseburger On Wheat Bun Choice of Lettuce Tomatoes, Pickles ½ oz bag chips Cupped Mixed Fruit	16 French Toast Sticks Sausage Links Tater Tots Syrup Cup  Orange Juice	17 Nachos with Meat Tostitos Scoops Cheese, Salsa Corn  Cupped Pineapple	18 Meatball Sub On Wheat Seasoned Green Beans  Apple Crisp With Topping
21 Cheese or Pepperoni Pizza Bagel Tossed Romaine Salad With Lo Fat Dressing  Cupped Applesauce	22 French Toast Sticks Sausage Links Tater Tots Syrup Cup  Cupped Strawberries	23 Chicken Parmesan Sandwich on Wheat Bun Oven Baked Wedge Fry Vegetable Pasta  Cupped Pears	24 Baked Rotini With Meat Sauce Tossed Spinach Salad Garlic Bread  Grapes	25 Hot Dog on Wheat Roll Oven Baked Beans Bag of Pretzel Carrot Stick  Fresh Apple
28 Memorial Day Observed No Lunch Served	29 Plain or Buffalo Chicken Patty on Wheat Oven Baked Fry Confetti Cole Slaw  Cupped Pears	30 <b>New</b> <b>English Muffin Pizza</b> <b>Carrot &amp; Celery</b> <b>Sticks with</b> <b>Low Fat Dip</b> <b>Fresh Apple</b>	31 Breaded Chicken Nuggets Mashed Potatoes, Gravy Dinner Roll  Cupped Peaches	
<u>Alternate Lunches</u> Daily: Bagel & Yogurt Fun Lunch Offered with Fruit, Cheese and choice of Milk  Cheese Sandwich on Wheat with Fruit and choice of Milk				
<b>Week 1:</b>	<b>Week 2:</b>	<b>Week 3:</b>	<b>Week 4:</b>	<b>Week 5:</b>
<b>Chicken Patty on Wheat Bun</b>	<b>Hamburger or Cheeseburger</b>	<b>Chef Salad with Breadstick</b>	<b>Tuna Sub on Wheat</b>	<b>Rib-A-Que on Wheat</b>

Meals are offered w/choice of entrée, fruit & vegetable sides and choice of skim, 1% or ½% flavored milk

**Menu Questions or Comments? Please contact Anna McGovern 978-664-7800 x 262**

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250.



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