

Strep Throat:

The most common symptoms of strep throat may include sore throat, fever and stomach ache. In some cases, a skin rash may appear. The rash usually consists of fine, red bumps that feel like sandpaper and usually appear on the neck, chest, and groin.

If your child exhibits any of these symptoms, please see your healthcare provider.

A positive culture requires treatment with an antibiotic for 24 hours before returning to school. Please notify the school nurse if your child is diagnosed with strep throat.

Flu:

The most common symptoms of influenza are fever and chills, cough, sore throat, runny or stuffy nose, muscle and body aches, headache, fatigue and some people may have vomiting and diarrhea (more common in children). The flu spreads easily from person to person and should be taken seriously. MDPH suggests simple steps to lower your chances of getting or spreading the flu by getting a seasonal flu shot, covering your mouth when coughing or sneezing, washing hands often with soap and warm water and staying home if sick with a fever greater than 100.

If your child exhibits any of these symptoms, please see your healthcare provider.

If your child is diagnosed with the flu, please keep your child home until fever free for 24 hours without the use of fever reducing medications. Please notify the school nurse if your child is diagnosed with the flu.

Covid:

Please perform an at home test if your child is exhibiting **ONE** of the following symptoms: Fever (100.0° Fahrenheit or higher), Chills, or shaking chills, Difficulty breathing or shortness of breath, New loss of taste or smell, Muscle aches or body aches

OR TWO or more of the following symptoms:

Cough (not due to other known cause, such as chronic cough), Sore throat when in combination with other symptoms, Nausea, vomiting, or diarrhea when in combination with other symptoms, Headache when in combination with other symptoms, Fatigue, when in combination with other symptoms, Nasal congestion or runny nose (not due to other known causes, such as allergies) when in combination with other symptoms.

If your child tests negative, your child can attend school, unless having a fever of 100 or greater.

If your child tests positive, please keep your child home and notify the school nurse.

Your child may return to school on Day 6 from the start of symptoms/the positive covid test if your child is without fever for 24 hours-without the use of fever reducing medications and has an improvement in symptoms. If your child is testing positive on Day 6-10 it is recommended to wear a mask when returning to school.